



Staffordshire's Most Improved Club
2012/13
Junior League Division 2 winners 2012
Arena League Division 2 winners 2012
STAFFORDSHIRE Swimming League
Champions 2012/2013

MARCH UPDATE

JOINT TRAINING CAMP A HUGE SUCCESS



Around 20 swimmers from Bilston travelled to Cardiff to complete an 11 hour training camp with Wolverhampton Swimming Club. Our swimmers trained hard and completed around 30,000m over the duration of the camp.

Many thanks to Wolverhampton SC who invited us to join them this year and to Adam Johnson who co-ordinated the sessions.

NATIONAL DSE JUNIOR AND YOUTH SWIMMING CHAMPIONSHIPS



Congratulations to James Brown competed in 3 events at last weekends championships at Ponds Forge, Sheffield and won a bronze medal in 50m Back for the overall 10/13 age group.

BILSTON IN THE COMMUNITY

Thank you to all who turned up for the litter pick around Bilston Town Centre. Bilston are grateful for McDonalds' sponsorship towards the club and I was really pleased to see so many swimmers supporting us over half term.

All swimmers were given a free happy meal for their efforts!



Bullet caps, Beanie Hats, Tattoos

Thanks to those of you who have ordered Bilston Bullet Caps or Beanie hats. Also, please be aware that Bilston tattoos are now available to purchase. These look great at open meets and galas so would be great to see our swimmers with them.

MARCH 2014

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