



## **SEPT/OCT UPDATE**

### **ARENA LEAGUE**

The Arena League is without question the most difficult league that we compete in each year. Having secured two successive promotions the coaching staff were absolutely delighted when last yr we managed to secure a comfortable mid table finish despite our shortages in the older age groups. This year, we have been handed a tough first round draw and it is vital that everyone gives 110% in order to try and maintain our status as a premier division club for another year. The first round is vital as all teams that are not in the bottom six after round one get a 5 point league bonus which effectively guarantees them survival in the league. Although some swimmers only attend for the relay events, it is vital that we are as close to full strength as possible and the relays are a crucial part of teams overall performance and account for 16 races. Good luck to all of our swimmers in the Arena League this year – I know you will represent the club with pride.

### **Additions to coaching and teaching team**

It is really pleasing that we have bolstered our teaching and coaching staff this season with Scott Taylor, Kim Dean, Kerry Harris and Ellie Beddow. All of whom will be giving up their time on a voluntary basis to help the club.

### **FEES**

Please note that club fees rise from November 1<sup>st</sup>. Please ask at the desk on Tues and Fri evenings for further information. I will endeavour to email you all with a reminder in the next couple of weeks.

### **OPEN MEETS**

The club will be attending the Chase Meet, Nuneaton Meet, Midland Short Course Championships and Manchester level 1 meet before Christmas this year. All forms and payments now need to be made to Julie Westwood.

### **CARDIFF BALANCE**

Remember that the Cardiff balance of £35 is due by Oct 10<sup>th</sup> please. Monies to Julie Westwood.

