



**Staffordshire's  
Most Improved  
Club 2012**

**TOP ATTENDERS – JUN  
PERFORMANCE – DEC 2012**

- 1<sup>st</sup> ETHAN GILES
- 2<sup>nd</sup> CALLUM HODGES
- 3<sup>rd</sup> SAMUEL HARRIS/JACK COX

**JANUARY UPDATE**

**TOP 5 ATTENDERS: SEN PERFORMANCE – DEC  
2012**

- 1<sup>st</sup> CALLUM GILES
- 2<sup>nd</sup> SOPHIE CLAYTON
- 3<sup>rd</sup> ELEANOR HARLEY/FLEUR KENNEDY

Happy New Year to all swimmers, parents and coaches. 2012 was a brilliant year for our club and I look forward with optimism to building on those achievements in 2013. The club fixture list for the year is now available and as you will see, it is as full as ever with multiple opportunities to compete whether this be in friendly galas, league galas or level 1,2 & 3 open meets. For the third consecutive year a B team has been entered into the Staffordshire Swimming League and we will again be competing in the Mercian Summer League. We are hopeful that for the third consecutive year we will have a record entry at the Staffordshire County Championships and I strongly encourage all of those swimmers with qualifying times to enter. In addition, we will be supporting the Weston Easter Meet and we will very soon be booking more long course training sessions at Coventry. Please keep an eye on the fixture lists for the year as things will be probably be added as the year progresses.

As you will be aware, our club is now in the premier division of both the junior and the national league for the first time in nine years and I am proud of the hard work and dedication of all of our swimmers which enabled us to put ourselves back amongst the very best clubs in the region. There is now only one other Staffordshire club in the top division of both leagues! However, in order to maintain our status in these leagues we will have to work even harder than before and I encourage all swimmers who are selected to represent the club in the junior league to endeavour to attend a minimum of three times per week and preferably 4 or 5. Our senior swimmers with ambitions of Midland and National Qualifying Times need to aim to attend the vast majority of sessions available in order to give themselves the best possible opportunity of reaching their goals. For those swimmers who are unsure of how many sessions they should be attending please speak to Pauline, Luke Molloy or myself.

I would like to take this opportunity to thank all parents for your continuing support and look forward to sharing a successful 2013 with you all!!!

Luke Trout

**STAFFORDSHIRE COUNTY CHAMPIONSHIPS** - Entry forms now available from Julie Comrie. Deadline is Friday 25<sup>th</sup> January 2012.

**TIME TRIAL NIGHT – Tuesday 22<sup>ND</sup> January 2013 7 – 9pm**

Please sign up for time trials – info on notice board. This is a fantastic opportunity to try and attain County Qualifying Times. Please enter no more than 3 events and swimmers wishing to timetrial in a 50m event or 800/1500m should speak to one of the coaching team to arrange this on a separate day. All times achieved should then be recorded in log books on the 'Club Time Trials Results' page.

<u>JANUARY</u>		
Sun	6 <sup>th</sup>	Stourbridge Crystal Meet (ages 9-14 yrs)
Sat	12 <sup>TH</sup>	
Sat	19 <sup>TH</sup>	Friendly Junior Gala @ Wombourne (9.10,11,12)
Sat	26 <sup>TH</sup>	Junior Friendly Gala (9,10,11,12) @ Nuneaton

**JANUARY 2013**

www.bilstonsc.co.uk



