



Staffordshire's Most Improved Club 2012  
 Junior League Division 2 winners 2012  
 Arena League Division 2 winners 2012  
 STAFFORDSHIRE Swimming League  
 Champions 2012

**TOP ATTENDERS – JUN  
 PERFORMANCE – OCT 2013**

- 1<sup>ST</sup> CALLUM HODGES
- 2<sup>ND</sup>: SOPHIE NEGRINE
- 3<sup>RD</sup> MATTHEW HARRIS

**TOP 5 ATTENDERS: SEN PERFORMANCE – OCT  
 2013**

- 1<sup>ST</sup> CALLUM GILES
- 2<sup>ND</sup> SOPHIE CLAYTON
- 3<sup>RD</sup> TAYLOR HODGES
- 4<sup>TH</sup> MEGAN COLLEY
- 5<sup>TH</sup> SAMUEL HARRIS

# NOVEMBER UPDATE

## MASTERS NATIONAL CHAMPIONSHIPS

Sara Gamble earned a gold and a silver medal at this weekends national masters championships at Sheffield, Ponds Forge. Sara achieved three life time best times in the 50m Breast(silver), 100m IM and 200IM and won gold as part of the 4 x 50m Medley Relay team.

Congratulations also go to Justine Doody, representing Wolverhampton SC, who swam excellently.

## ARENA LEAGUE FIRST ROUND

The club competed in the premier division of the Arena League for the first time in seven years and secured a brilliant third place finish. This results secures the clubs place in the league for another year and now we can concentrate on securing the highest possible league finish. Thanks to all swimmers who made the long trip, especially those just swimming in the relays.

**STAFFS LEAGUE** -The A Team remain top of the league going into the final in November whilst the B team will compete in the second final following an excellent third round at Stafford.

## 2<sup>ND</sup> AT WOLVERHAMPTON MEET

Bilston came away with multiple medals and dozens of PBs at Wolverhampton's first October Sprint Meet. Around 40 swimmers racked up nearly 900 points and finished in second place overall at the meet. Samuel Harris, Matthew Harris, Sophie Negrine, Leah Povey, Katie Comrie and Priya Kennedy all won top boy/girl in their respective age groups. A special mention should also go to Julia Stanley who team managed at an open meet for the first time today and did a great job. As a club we now head towards our first targeted meet of the season in two weeks time at the highly competitive Chase Open Meet. Well done to all swimmers!



## MCDONALDS FREE LESSONS A HUGE SUCCESS



A big thank you to Diane from McDonalds Bilston for sponsoring a 6 week swimming course. It was a great success with pupils thoroughly enjoying the course, with some swimmers achieving awards. Bilston SC received wonderful feedback from all the parents involved.

Also, thanks to our qualified teaching staff who gave up their time to make the course so successful.

## BEHAVIOUR IN CHANGING ROOMS

Swimmers are reminded that inappropriate language, use of electronic devices, swinging from cubicles, swirring shampoo/shower gel, banging doors, hiding in lockers, sharing showers and ignoring lifeguard directions are not permitted in the changing village. The club was disappointed to receive a formal complaint from the centre regarding the conduct of our members. From now on, the centre will forward the names of offenders to the club committee who will take action accordingly.

| <u>NOVEMBER</u> |                  |  |   |
|-----------------|------------------|--|---|
| Sat             | 2 <sup>ND</sup>  |  | <b>CHASE OPEN LEVEL TWO – 2 DAY MEET ALL AGES</b> |
| Sat             | 9 <sup>TH</sup>  | <b>Arena Swimming League Round 2 (11,13,15,Op)</b> |   |
| Sun             | 17 <sup>TH</sup> | <b>Bilston Club Championships (7,8,9,10,11)</b>    |   |
| Sat             | 23 <sup>RD</sup> | <b>Staffs League FINAL (9,11,13,15,Op)</b>         |   |
| Sat             | 30 <sup>TH</sup> |  | <b>APEX LONG DISTANCE MEET</b>                    |

**NOVEMBER 2013**

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