



CODE OF CONDUCT FOR SWIMMERS

GENERAL BEHAVIOUR

- I will treat all members of, and persons associated with, the ASA with due dignity and respect.
- I will treat everyone equally and never discriminate against another person associated with the ASA on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
- I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.
- I will display a high standard of behaviour at all times.
- I will always report any poor behaviour by others to an appropriate officer or member of staff.
- I will recognise and celebrate the good performance and success of fellow club and team members.
- I will respect the privacy of others, especially in the use of changing facilities.
- In accordance with ASA Guidelines swimmers are NOT allowed to take photographs on poolside or in the changing areas.
- I understand that no glass bottles are allowed pool side or in the viewing area, only Bilston Water Bottles are allowed
- I will treat my coach and fellow members with respect.
- I will make my coach aware if I have difficulties in attending training sessions as per the rules laid down for my squad.
- I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach.

- I understand that if I arrive late, I must report to my coach before entering the pool.
- I will ensure that I have all of my equipment with me, e.g. paddles, kick boards, hats, goggles, etc.
- If I need to leave the pool for any reason during training, I will inform my coach before doing so.
- I will listen to what my coach is telling me at all times and obey any instructions given.
- I will always swim to the wall as I would do in a race, and I will practice turns as instructed.
- I will not stop and stand in the lane or obstruct others from completing their training.
- I will not pull on the ropes as this may injure other members.
- I will not skip lengths or sets – to do so means I would only be cheating myself.
- I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.
- If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult.

COMPETITIONS

- At competitions, whether they be open meets, national events or club galas, I will always behave in a manner that shows respect to my coach, the officers, my team mates and the members of all competing organisations.
- I understand that I will be required to attend events and galas that the Chief Coach has entered/selected me for, unless agreed otherwise by prior arrangement with the relevant official and coach.
- I understand that I must wear appropriate swimwear, tracksuits, T-shirts/shorts and hats as per the rules laid down by the organisation.
- I will report to my coach and/or team manager on arrival on poolside. • I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
- I will be part of the team. This means I will stay with the team on poolside.
- If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
- After my race, I will report to my coach for feedback.
- I will support my team mates. Everyone likes to be supported and they will be supporting me in return.
- I will swim down after the race if possible, as advised by my coach.
- My behaviour in the swim down facility must be appropriate and respectful to other users at all times.
- I will never leave an event until either the gala is complete, or I have the explicit agreement of the coach or team manager.

PARENT'S / PERSON WITH PARENTAL RESPONSIBILITY CODE OF CONDUCT

1. I will complete and return the Medical Information Form as requested by Bilston Swimming Club and provide details of any health conditions/concerns relevant to my child(ren) on the consent form I will report any changes in the state of their health to the coach prior to any training sessions or events.
2. I will ensure that Bilston Swimming Club has up to date contact details for me and for any alternative person(s) as required. I will ensure the Emergency Contact Details Keyfob is attached to my child's bag.
3. I will deliver and collect my child(ren) punctually to and from training sessions and events. For children under the age of 11 I will watch them onto poolside and into the coaches care, I will also be at the pool before they leave the water to get changed. I will inform a member of the committee or coaching staff if there is an unavoidable problem.
4. If Bilston Swimming Club changes my child's lane and/or training times, I will remember that the change is to provide appropriate levels of training and to enable my child(ren) to progress, and I should therefore support and encourage this at all times.
5. I will ensure that my child(ren) is properly and adequately attired for the training session or event including all mandatory equipment e.g. hats, goggles etc.
6. I will inform the coach before a session if my child is to be collected early and, if so, by whom.
7. I will encourage my child(ren) to obey the rules and teach them that they can only do their best.
8. I will behave responsibly as a spectator during training and events and treat all members, coaches, committee members and other parents of members of both Bilston Swimming Club and any other organisation with due respect in accordance with the ASA commitment to equality and diversity.
9. I will not use inappropriate language within the environment of Bilston Swimming Club or any other organisation.
10. I will show appreciation and support my child(ren) and all of the team members.
11. I will ensure that my child's needs are met in terms of nutrition and I will listen to advice given by the coach or nutritionist.

12. I will support the coach and committee appropriately and raise any concerns that I may have in an appropriate way to the Welfare Officer.
13. I will not enter poolside unless requested to do so or in the case of an emergency.
14. If I wish to have a discussion with the coach, I will wait until an appropriate time i.e. not during a training session.
15. Most of all I will help my child to enjoy the sport and to achieve to the best of their ability.
16. Parents are not allowed to take photographs on poolside or in changing areas. Non-compliance may result in disciplinary proceedings and ASA suspension.
17. I understand that no glass bottles are allowed pool side or in the viewing area, only Bilston Water Bottles are allowed

Bilston Swimming Club will:

1. Inform you at once if your child becomes ill and will ensure their wellbeing until you are able to collect them.
2. Ensure that good child safeguarding guidelines are followed at all times to keep your child(ren) safe.
3. Ensure that all activities are properly supervised/taught/coached and that consent is obtained for any activity outside of that previously agreed.

You have a right to:

1. Make a complaint to Bilston Swimming Club if you feel that it or any of its members is not acting appropriately or in accordance with the ASA or the Club Constitution. Details of how to do this can be obtained from the Welfare Officer.
2. Make a complaint on behalf of your child(ren) to the ASA Office of Judicial Administration.

Any breaches of this code of conduct will be dealt with immediately by a Bilston Swimming Club. Persistent concerns or breaches may result in you being asked not to attend if it is considered detrimental to the welfare of swimmers. The ultimate action should a parent/guardian continue to breach the code of behaviour may be Bilston Swimming Club regrettably asking your child to leave the session, event or club.